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PRINCE EDWARD ISLAND
COLLEGE OF PHARMACISTS

Member organization of National Association of Pharmacy Regulatory Authorities (NAPRA)

The Island Capsule

Edition 4, Volume 11

The Island Capsule is a publication of the PEI College of Pharmacists and is forwarded to every registrant of the College on the 1st and 3rd Fridays of the month.

Health Canada Announces Mandatory Warning Sticker and Patient Handouts for Opioids

Health Canada recently published regulations that will make warning stickers and patient information handouts mandatory with all opioids dispensed to Canadians at pharmacies or in prescribers' offices.

The warning sticker will state that the opioid medication can cause dependence, addiction and overdose, and will be applied to the container being dispensed to the patient. The patient handout will include important information about the signs of opioid overdose, and warnings such as not to share the medication and to always store the medication safely out of reach of children. It will also advise of other serious warnings and potential side effects.

The mandatory sticker and the patient handout will begin to be distributed in October 2018.

For more information, visit the [Health Canada website](#).

New Diabetes Guidelines

The Diabetes Canada 2018 Clinical Practice Guidelines for the Prevention and Management of Diabetes in Canada (Guidelines) are now available online.

You can access the new guidelines on the [Diabetes Canada Guidelines website](#).

See the 2018 Guidelines for the latest evidence and some key changes, including the addition of a new Diabetes and Driving chapter, new recommendations for cardiovascular risk reduction, and, in each chapter, new key messages for people living with diabetes (written in plain language).

the 2018 Guidelines tools, education and communications are focused around the following three areas:

- Reduce the Risk of Complications
 - using the right medications to protect your body (feet, eyes, kidneys, etc.)
- Keep People with Diabetes Safe
 - using medications safely
 - safe driving
 - taking care when sick
- Support Self-Management
 - starting and staying on track – setting goals for healthy lifestyle habits (eating, physical activity, etc.)

The new Guidelines are also the first to include a separate set of key messages for people living with diabetes that have been written in lay language.

Pharmacists may reference the guidelines to help with clinical decision making and to support health-care providers in their care of people living with diabetes.

ISMP Canada Safety Bulletin

The ISMP Canada Safety Bulletin [Volume 18, Issue 4](#) is now available. Highlights of this volume include:

- Reaffirming the “Do Not Use: Dangerous Abbreviations, Symbols and Dose Designations” List
- Name Change: M-Eslon IR to M-Ediat
- New Symptoms: Could They Be Related to Your Medication

Important Dates

PEI Jurisprudence Exam

The PEI College of Pharmacists has posted the jurisprudence exam sittings for 2018. They are as follows:

June 18, 2018 9:30-11:30 am ****This sitting is nearing capacity****

October 22, 2018 9:30-11:30 am

December 10, 2018 9:30-11:30 am

Additional dates may be added to accommodate pharmacy assistants completing the transition pathway in time for the December 2018 registration deadline.

PEBC

The deadline for application for the Summer PEBC Pharmacy Technician Qualifying Exam for pharmacy technicians is June 8, 2018.

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