

The Island Capsule

PEI College of Pharmacists

7/29/2016

Edition 2, Volume 29

Sleep Well NS-Webinar

[Sleepwell Nova Scotia](#), in partnership with Dal CPE, is offering a webinar, **Managing Insomnia Without Medication**, on August 15, 2016. Sleepwell Nova Scotia helps people manage their insomnia without relying on sleeping pills. This webinar aims to increase awareness of the risks of medication used for sleep and available alternatives for insomnia through an explanation of the techniques, goals, and components of the Sleepwell Nova Scotia program. Clinical expert Dr. Malgorzata Rajda will discuss the ways that she is using the Sleepwell Nova Scotia program in practice, and how you may use it to work with your patients/clients. For more information on registration, please visit the Visit the [Dalhousie Continuing Pharmacy Education website](#).

MISSION

Regulating the practice of pharmacy in the province so as to promote a high standard and safeguard the welfare of the public with regard to pharmaceutical service.

Council Seeking Nominations

The Council of the PEI College of Pharmacists would like to remind pharmacist members that nominations for a position on Council (effective October, 2016) will be accepted at the College office until Friday August 12, 2016 at 4:00 pm. Pharmacists interested in being nominated for election are required to complete a [Council Nomination Form](#). Please contact the PEI College of Pharmacists office for more information on the Council.

College Seeking Feedback on Proposed Naloxone Policy

As of June 24, 2016 naloxone changed from a Schedule I to a Schedule II drug when indicated for emergency use for opioid overdose outside hospital settings. This means that the public may purchase naloxone without a prescription through a retail pharmacy. In light of this schedule change as well as the uniqueness of naloxone as a Schedule II drug, the PEI College of Pharmacists has drafted a policy that will provide members with information on education and training opportunities, counselling points, and additional materials needed when dispensing naloxone. The PEI College of Pharmacists has made the draft policy available below and would appreciate any comments on the policy by August 31, 2016. Your input is greatly appreciated. Please send comments to Registrar@pepharmacists.ca

[Draft Policy for Pharmacy Professionals Dispensing or Selling Naloxone.](#)